



KINESIOLOGY TAPING

HOW IS KINESIOLOGY TAPE USED TO TREAT SWALLOWING DISORDERS?

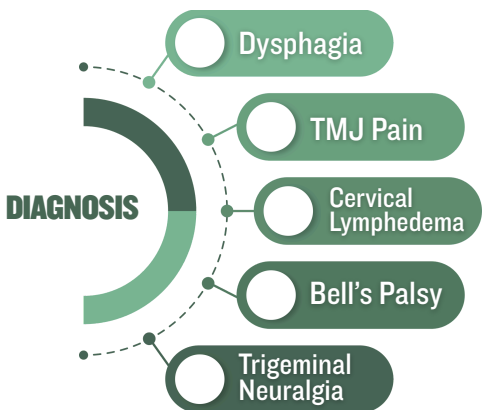
Kinesiology tape is used to improve muscle activation and functional movement patterns involved in swallowing. It also provides biofeedback for patients with decreased sensation and offers gentle resistance during swallowing exercises—both of which are important for building strength and increasing endurance.

This technique is often used in conjunction with other treatment approaches, such as AmpCare or traditional dysphagia therapy, to enhance strength and improve treatment outcomes.

The tape is water resistant and can typically be left on for two to three days if the patient experiences relief of symptoms. There is no downtime, so patients are free to eat, drink, talk, and go about their daily routines without complications. As long as the skin remains healthy and intact, the tape can be reapplied as needed.



WHAT DIAGNOSIS/SYMPTOMS COULD THIS BE UTILIZED FOR?



SYMPTOMS

- ✓ Decreased Core Stability
- ✓ Poor Posture
- ✓ Oral Food/Liquid Loss
- ✓ Poor Breath Patterns
- ✓ Difficulty Chewing
- ✓ Food Pocketing

SEND REFERRALS TO:
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